Benefits of Volunteering Abroad

I found that I can learn so much better by doing things rather than reading about them or being taught in a classroom.”

“I will never be the same again and I am more open to learning new languages and exploring the world once again.”

“One goal that emerged while in Peru was that I have a yearning to do more to bring a positive change in the world.”

“While researching medical schools, I have made international volunteer opportunities a must.”

“I want to make practicing medicine in underserved areas a focus of my life.”

“I learned that a doctor needs to be conscious of a patient’s culture and background to ensure the patient truly understands questions, a diagnosis, and how to take any medications.”

“I learned how to deal with unexpected situations, relate to people of another culture, and how to be a respectful volunteer who does not try to impose culture and beliefs on the people where the service is occurring.”

“I want to spread awareness of the benefits of international volunteering (that it is not simply a tourist excursion) and to encourage others to participate in an international service project or work for positive, respectful change in countries abroad.”

“I think in any future international healthcare work that I would do, I would always remember to hold onto this attitude – not of pity, but of admiration for ingenuity and persistence.”

“I realized I could spread awareness of the issues people face worldwide and create change in that manner. Because of this thought process I have decided to focus on global and public health aspects in my future career.”

“Once I have more knowledge about medicine, I want to return to socioeconomically depressed areas to help [them] in a more effective and efficient manner as a professional.”